

SOPs

Standard Operating Procedure for accessing the GNDU e-LMS Portal of Directorate of ODL and Online Studies for Common subjects SLMs and Recorded Video Lectures

URL: <https://odl.gndu.ac.in/directorate/lms/LoginLMS.aspx>

- **Basic Information about Sikhism(GNL:2001) Ist Sem**
- **EVS (ESL:2022) IIIrd Sem**
- **Drug Abuse (SOL:1006) Ist Sem.**

For Session July-Dec 2026



Guru Nanak Dev University Amritsar
Directorate of ODL and Online Studies

(Established by the State Legislature Act No. 21 of 1969)
Accredited with CGPA of 3.85 on four-point scale at **“A++” grade** (highest level) by NAAC and Conferred **“University with Potential for Excellence”** and **Category I** status by UGC

Access the e-LMS (Learning Management System)

1. Navigate to the official GNDU ODL Websites URL:

<https://odl.gndu.ac.in/directorate/default.aspx>



2. Select e-LMS from the Navigation bar.

OR

Navigate to the official GNDU ODL LMS login page URL directly:

<https://odl.gndu.ac.in/directorate/lms/LoginLMS.aspx> using your web browser.

3. Student id is the user name to access this portal. Password is same as used for creation of the student id. In case if student forgot the password the option to retrieve the password is available on the e-LMS portal. To login Enter the **Student ID** and **Password** you are provided with in the respective login fields.
4. Click the secure login button to access your Student Dashboard.

Login Credentials for e-LMS Portal:

- **Username:** Student ID

Password: Set by students at the time of admission (If forget recover it as per option of e-LMS portal) (<https://odl.gndu.ac.in/directorate/lms/LoginLMS.aspx>)

[Back to Home](#)

**Directorate of ODL and Online Studies**

GNDU e-LMS Portal

Inaugrated by Hon'ble Vice Chancellor Prof. (Dr.) Karamjeet Singh.

Welcome to e-LMS Portal for GNDU Students.

Sign in with your Student ID and Password to continue.

Student ID

2026010030347

Password

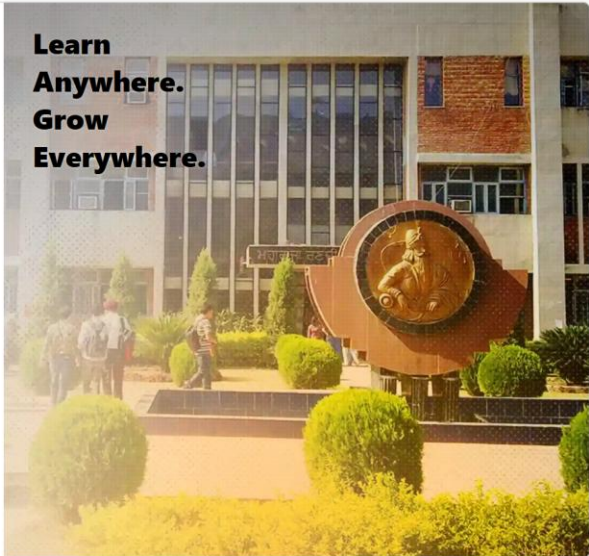
Forgot Password? [Click here to recover](#)

Sign In

Don't have an account? [Register here](#)

 [LMS Usage SOP](#)

 [Password Guidelines](#)



Learn Anywhere. Grow Everywhere.

URL: <https://odl.gndu.ac.in/directorate/lms/LoginLMS.aspx>

Dashboard Overview (New Navigation Bar)

After login, you will see the updated navigation bar:

[Home](#) | [SLMs](#) | [Recorded Online Classes](#) | [Recorded Video Lectures](#) | [PPT](#) | [Logout](#)



DIRECTORATE OF OPEN & DISTANCE LEARNING
GURU NANAK DEV UNIVERSITY
(Established by State Legislature Act No. 21 of 1989) | NAAC A++ | UGC Approved

[Home](#) | [SLMs](#) | [Common Subject SLMs](#) | [Recorded Online Classes](#) | [Recorded Video Lectures](#) | [PPTs](#) | [Logout](#)



ABCABC
Student ID : 2026010030347
[Male](#)

FATHER'S NAME
AFHSFH

MOTHER'S NAME
FBSHFBVH

MOBILE NUMBER
999999999

EMAIL ADDRESS
odlabc@gndu.ac.in

Address
6656 GNDU

Common Courses Video Lectures

The screenshot shows the GURU NANAK DEV UNIVERSITY LMS interface. The header includes the university logo and name, along with navigation links: Home, SLMs, Common Subject SLMs, Recorded Online Classes, Recorded Video Lectures (highlighted with a red circle), PPTs, and Logout. Below the header, the 'Studio Lectures' section features a search filter with dropdowns for Course, Class, Subject, Subject Code, and Lecture No., followed by a 'Search Lectures' button. A table of available lectures is displayed below the filters.

Course	Class	Subject	Subject Code	Section	Author	Topic	Lec. No	Action
Bachelor of Arts	Semester - 1	Fundamentals of Sociology	ODBAG116T	A	Dr. Nirmala Devi	Sociology And Its Relationships with Other Social Sciences	2	Watch Video
(Common Subject) Sikh Religion: Introduction	Semester - 1	Basic Information About Sikhism	GNL-2001	D	Dr. Mohubat Singh	Concept of Ardaas, Nitnem, Amrit Vela	17	Watch Video
(Common Subject) Sikh Religion: Introduction	Semester - 1	Basic Information About Sikhism	GNL-2001	D	Dr. Mohubat Singh	Bhai Ghanaiya Ji	19	Watch Video
(Common Subject) Sikh Religion: Introduction	Semester - 1	Basic Information About Sikhism	GNL-2001	D	Dr. Sandeep Kaur	Sikh Personalities	18	Watch Video
(Common Subject) Sikh Religion: Introduction	Semester - 1	Basic Information About Sikhism	GNL-2001	C	Dr. Sandeep Kaur	Sikh Bibia & Guru Ke Mehals: Bebe Nanki Ji, Mata Khivi Ji, Bibi Bhani Ji, Mata Gujri Ji, Mata Sahib Kaur Ji	16	Watch Video

<https://odl.gndu.ac.in/directorate/lms/extLMS/StudioLectureList.aspx>

1. Navigate to Recorded Video Lectures.
2. View the **Common Courses** videos in the e-LMS by selecting **Common Course** from the **Course** filter dropdown.

The screenshot shows the GURU NANAK DEV UNIVERSITY LMS interface with the 'Studio Lectures' section. The 'Course' dropdown is highlighted with a red circle, and the 'Common Subject' option is selected. The table of available lectures is displayed below the filters.

Course	Class	Subject	Subject Code	Section	Author	Topic	Lec. No	Action
(Common Subject) Drug Abuse: Problem, Management and Prevention								
(Common Subject) Environmental Studies								
(Common Subject) Sikh Religion: Introduction								
Bachelor of Arts								
Bachelor of Commerce								
Bachelor of Computer Applications								
Certificate in Artificial Intelligence & Machine Learning								
Certificate in Digital Accounting								
Certificate in Digital Marketing								
Certificate in Start Up and Family Enterprise Management								
Diploma in Digital Marketing								
(Common Subject) Sikh Religion: Introduction	Semester - 1	Basic Information About Sikhism	GNL-2001	D	Dr. Mohubat Singh	Bhai Ghanaiya Ji	19	Watch Video
(Common Subject) Sikh Religion: Introduction	Semester - 1	Basic Information About Sikhism	GNL-2001	D	Dr. Sandeep Kaur	Sikh Personalities	18	Watch Video
(Common Subject) Sikh Religion: Introduction	Semester - 1	Basic Information About Sikhism	GNL-2001	C	Dr. Sandeep Kaur	Sikh Bibia & Guru Ke Mehals: Bebe Nanki Ji, Mata Khivi Ji, Bibi Bhani Ji, Mata Gujri Ji, Mata Sahib Kaur Ji	16	Watch Video

3. Select the required common course to view the available video lectures.
4. Click the **Watch Video** button next to the lecture you want to access.
5. The lecture will open in the secure video player. Use the **Back to Lectures** button to return to the lecture list.



Studio Lectures

Course (Common Subject) Drug Abuse	Class -- Select Class --	Subject -- Select Subject --	Subject Code -- Select Subject Code --	Lecture No. -- Select Lecture --	Search Lectures
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Course	Class	Subject	Subject Code	Section	Author	Topic	Lec. No	Action
(Common Subject) Drug Abuse: Problem, Management and Prevention	Semester - 1	Drug Abuse: Problem, Management and Prevention	SOL 1006	C	Dr. Aditya Parihar	Medical and Psychiatric Management of Substance Use Disorder	14	Watch Video
(Common Subject) Drug Abuse: Problem, Management and Prevention	Semester - 1	Drug Abuse: Problem, Management and Prevention	SOL 1006	B	Dr. Nirmala Devi	Reasons of drug abuse: Unemployment, stress, family issues and peer pressure	11	Watch Video
(Common Subject) Drug Abuse: Problem, Management and Prevention	Semester	Drug Abuse: Problem, Management and Prevention	SOL 1006	A	Dr. Aditya	Nature and extent of Drug Abuse in	0	Watch



Studio Lecture 14 - Drug Abuse: Problem, Management and Prevention

[-- Back to Lectures](#)

Course: (Common Subject) Drug Abuse: Problem, Management and Prevention Class: Semester - 1 Section: - Subject: Drug Abuse: Problem, Management and Prevention
Author: Dr. Aditya Parihar Department: Medical and Psychiatric Management of Substance Use Disorder Date: -

0 Drug Abuse Sec:-C Lec:-14 TOPIC:- Medical and Psychiatric Management of Substance Use Disorder

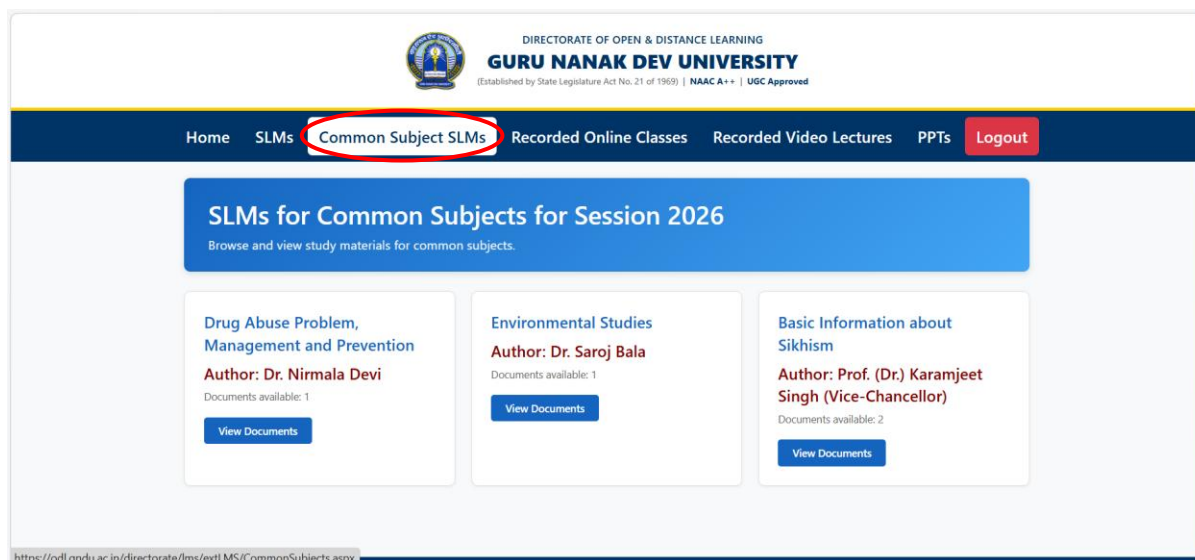
Alcohol Use Disorder

Gamma

1. Also called as malignant alcoholism
2. Progressive course
3. Physical dependence with tolerance and withdrawal symptoms

SOP to access Self Learning Material (SLMs)/Notes

Directorate has uploaded the SLMs in PDF format covering the full syllabus. You can access it on e-LMS portal under the **Common Subject SLMs** tab



Purpose: Access study material (PDF format)

Steps:

1. Click on Common subject SLMs from Navigation Bar.
2. Click on view Documents
3. A secure PDF opens in a new tab
4. Enter Password (LX9P\$2000) to open the PDF

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Director
Directorate of ODL & Online Studies
(Centre for Distance & Online Education)

Self Learning Material

Drug Abuse - Problem, Management and prevention SOL 1006



Directorate of Open & Distance Learning
Guru Nanak Dev University

Grand Trunk (G.T.) Road, Amritsar, Punjab - 143005

Phone No. 0183-2258802-09 Extn. 3198

Email: odl@gndu.ac.in Website: odl.gndu.ac.in

Self-Learning Material (SLM)

Environmental Studies (EVS)

ESL 2022



Directorate of Open & Distance Learning Guru Nanak Dev University

Grand Trunk (G.T.) Road, Chheharta, Amritsar (Punjab) -143005

Phone No. 0183-2823198, (M) 7696359389

Email odl@gndu.ac.in Website : odl.gndu.ac.in



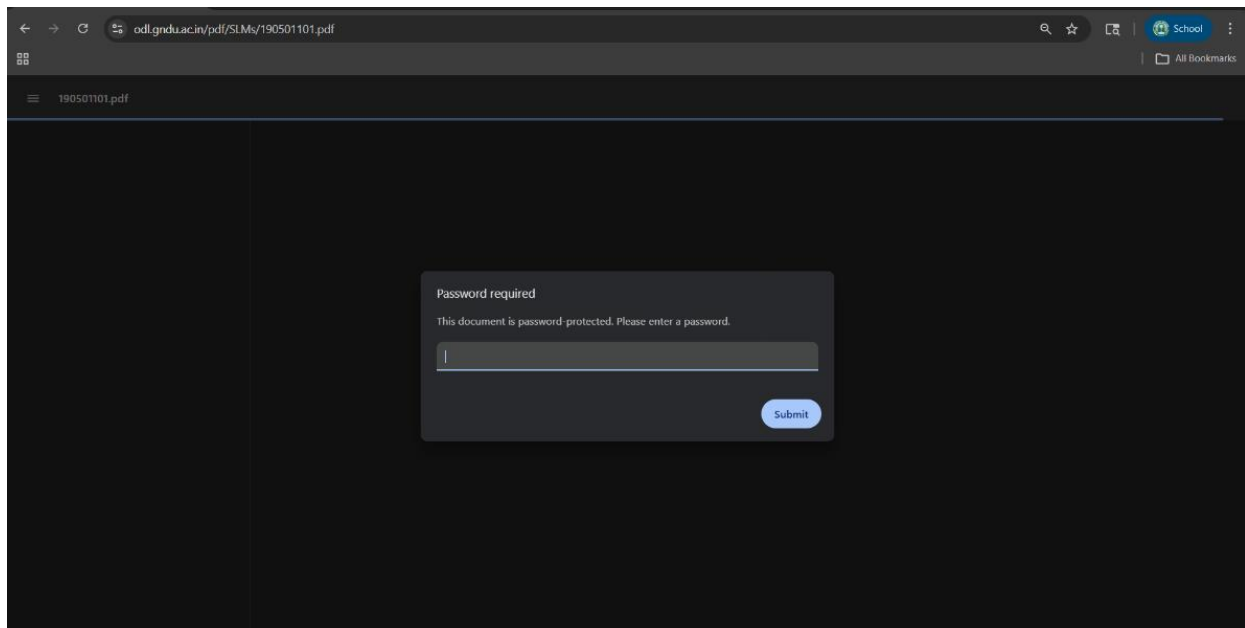
A Brief Introduction to Sikh Religion

Prof. (Dr.) Karamjeet Singh

Vice-Chancellor



Department of Guru Nanak Studies
Guru Nanak Dev University
Amritsar



Logout

Purpose: Securely exit LMS

Steps:

1. Click on **Logout** in the navigation bar.
2. You will be safely logged out of the system.

Security & Privacy Guidelines (Important)

The Video Lecture in LMS portal has been upgraded with a new design and enhanced security protocols to protect university intellectual property. Please note the following system behaviours:

- **Secure Embedded Viewing:** All video lectures are securely embedded directly within the university's LMS portal. You do not need a YouTube account to view them.
- **Restricted Link Access:** To protect the privacy and copyright of the educational materials, **direct links to the source videos are disabled.** You cannot view these lectures directly on YouTube.
- **Disabled Controls:** Standard YouTube sharing features, including the "Watch on YouTube" button, title links, and "Copy Video URL" options, have been restricted by the administration.

- **Right-Click Protection:** Context menus (right-clicking) on the video player are disabled to prevent unauthorized downloading or link extraction.
- **Session Tracking:** Video access is tied to your specific *lecture Id* and active LMS login session. Sharing the page URL with an unenrolled user will result in an access error.

Troubleshooting Note

- *Please note the system advisory at the top of the page:* If you ever have trouble seeing the most recent updates to a file, clear your browser's cache memory to ensure you are downloading the latest version of the SLM.

For Technical support related to access the material please send email on odl.content@gndu.ac.in along with your mobile no., student name, student ID, class and mobile no.

In case of academic support contact the course coordinators as per detail given on next page.

Course coordinators details

Students are advised to contact the concerned course coordinators for academic support by sending an email as specified below

S.No.	Course Name	Subject Code	Coordinating Department	Course coordinator(s)
1	Basic Information about Sikhism	GNL:2001	Department of Guru Nanak Studies	Dr. Bharatbeer Kaur Sandhu, Head, Department of Guru Nanak Studies Email : head.gnstudy@gndu.ac.in bbksandhu@yahoo.com Dr. Mohubat Singh Email : mohubat.gnstd@gndu.ac.in Dr. Sandeep Kaur Brar Email: brar.sandeep00@gmail.com
2	Environmental Studies	(ESL:2022)	Department of Botanical & Environmental Sciences	Dr. Satwinderjeet Kaur, Prof.& Head Email: head.botanyenv@gndu.ac.in satwinderjeet.botenv@gndu.ac.in Prof. (Dr.) Jatinder Kaur (Section A) Email: jatinder.botenv@gndu.ac.in Prof. (Dr.) Rajinder Kaur (Section A & C) Email: rajinder.botenv@gndu.ac.in Dr. Nitika Kapoor Section B Email : nitika.bot@gndu.ac.in Dr. Mayank Dhar Dwivedi Section B Email : mayank.bot@gndu.ac.in
3	Drug Abuse problem, management & Prevention	SOL:1006	School of Social Sciences	(Dr.) Satnam Singh, Prof. & Head Email: head.socialscience@gndu.ac.in Dr. Nirmala Devi Email: nirmala.socio@gndu.ac.in Dr. Aditya Parihar Email: aditya.sw@gndu.ac.in